

CHRONICLE

THE MODERN SCHOOL WEEKLY

MODERN SCHOOL, BARAKHAMBA ROAD

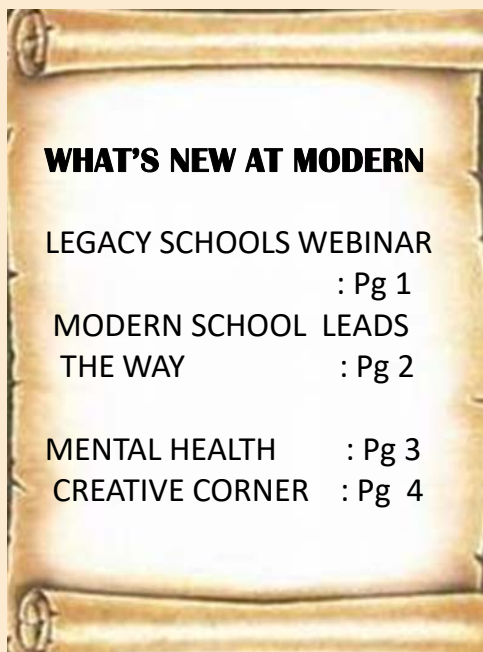
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Estd 1920

TRANQUILITY- Different Shades



ARNAV MEHRA
S7E



WHAT'S NEW AT MODERN

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LEGACY SCHOOLS WEBINAR: BEST PRACTICES IN EDUCATION

The Legacy Schools Webinar was organised by Scindia School, Gwalior on Monday, 27 July 2020. Ms Shalini Dahiya and Ms Indu Sreedhar participated in it representing Modern School, Barakhamba Road.

The Webinar saw the participation of eight premier educational institutions of the country such as The Daly College, The Doon School, The Hyderabad Public School, The Lawrence School, Lovedale, The Lawrence School, Sanawar, Mayo College, Ajmer, Modern School, Barakhamba Road and The Scindia School.

The best practices followed in these schools were highlighted by the representatives of the participating schools. These practices included offering pastoral care to the students, and connecting learners to the local communities in order to promote moral and value education. A comprehensive and efficient house system which focused on the overall development of the students, upholding the heritage of military discipline was another topic under discussion.



The participants felt that the House system would instill a sense of confidence and responsibility in the learners, and encourage each student to aspire to be the best with the aid and support of tutors.

The best practices followed in the participating schools like, fostering an integrated and experiential curricular approach through the concept of ‘campus curriculum’, encouraging ‘blended learning’, developing technologically empowered classrooms and promoting a ‘happiness curriculum’ wherein the child is encouraged to explore his creativity and potential in a democratic and conducive atmosphere, were also highlighted.

The Webinar, explored the various methodologies and pedagogical tools employed during the current pandemic crisis to offer the optimum to the students, keeping in mind their academic progress as well as their mental and physical health and well being. It was an introspective and inspiring experience for all the attendees.

MODERN SCHOOL LEADS THE WAY

Over the course of three days, from 31st July to 2nd August 2020, seven students from Modern School, Barakhamba Road participated in the Virtual Model United Nations Conference organised by the Lawrence School, Sanawar. The third iteration of SNAMUN welcomed representatives from the most prestigious schools in India, not to mention reputed educational institutions from all over the world. The Conference saw a wide range of engaging debates and discussions, which tested the student’s knowledge of international and national affairs as well as their logical acumen and oratory.

Amongst the fierce competition posed by these distinguished schools, Modern School Barakhamba Road won the **BEST SCHOOL DELEGATION AWARD**.

The following students were able to secure the following awards in their respective committees:

A. YALTA CONFERENCE

- Ashmit Singh (S5-H) 1. Best Delegate, cash prize of Rs 2000
2. Secretary general’s Best Delegate, cash prize of Rs 3000

B. AFRICAN UNION

Ali Malik (S5-G): High commendation, cash prize of Rs 1000

C. UNITED NATIONS HUMAN RIGHTS COUNCIL

Yanav Lall (S6-C) Best delegate, cash prize of Rs 2000



D. WORLD ECONOMIC FORUM
Amam Jain (S7-F) Best delegate,
cash prize of Rs 2000

E. UNITED NATIONS SECURITY COUNCIL
Shivang Soni (S7-I) Best Delegate,
cash prize of Rs 2000

F. Chinmay Mehta (S6-A)1. Best Position Paper
2. Verbal mention



MENTAL HEALTH

This is probably something not everyone gives attention to, or think that asking for help is not 'cool'. It's all just biases that have been going on and on in the society and this is wrong. **MENTAL HEALTH** and taking care of yourself is **THE MOST IMPORTANT THING**. No person in this universe is perfect, and sometimes it becomes difficult to cope with the world and everything happening around, and somewhere, somehow you get lost.

It's okay to take a break, wait and ask for a little help. When our friend gets low or upset, we are usually the first ones to make sure that he/she is okay because we love them and here we are talking about taking care of our own self, **OUR OWN SELF** so if we can be there for our pals, being there for ourselves for a while is not really that hard. I mean why can't we be our own best friend? Sometimes we drown ourselves with our thoughts, thinking we are alone in this, and that people will judge us if we talk about it. 1 out of 5 people, are going through some mental health issue.

Now, how can we help ourselves?

- ❖ Don't lock up your feelings to yourself.
- ❖ Talk about it.
- ❖ Open up to someone you trust.
- ❖ Seek help from a therapist, psychologist, etc.
- ❖ Keep yourself busy, do something you like.
- ❖ Develop new skills, hobby.

YOU ARE NOT ALONE.

This article was reposted by Fortis Mental Health on their official social media page.

Rohan Abraham
S6J



CREATIVE CORNER



NIRVAN NARANG
S6J



AINI MANDAL
S7-E



HUNNAR KAUSHAL
S7-E



NIRVAN NARANG
S6-J



AINI MANDAL
S7-E