



CHRONICLE- THE MODERN SCHOOL WEEKLY

MODERN SCHOOL, BARAKHAMBHA ROAD

www.modernschool.net

Estb.in 1920



Students performing during Yoga Session of IAYP Virtual Journey

WHAT'S NEW AT
MODERN

RPWD Webinar Page 1 and 2

IAYP VIRTUAL JOURNEY

PRELIMINARY JOURNEY

Page 2 and 3

MAIN JOURNEY

Page 3 and 4

RPWD WEBINAR

A Webinar on RPWD (Rights of Persons With Disability) Act was conducted on 31st December 2020, from 11.00 a.m. to 12:00 noon on the Microsoft teams channel. All teachers of Modern School Barakhambha Road attended this webinar. Dr Ravi K.M. Academic Coordinator (IE), Directorate of Education, GNCTD was the speaker of this session.

Dr Ravi was welcomed by Ms Meera Malhotra (Headmistress, Middle Wing). He spoke on the rights of students with disabilities and the need to give them their right to be normal. He stressed on the point that teachers and support staff need to be sensitive towards the special students.



He concluded with the quote by Audre Lorde 'It is not our differences that

divide us, it is our inability to recognise, accept, and celebrate those differences.'

Teachers also clarified their doubts during the interactive session of the webinar.



Ms Meera Malhotra, Ms Shweta Kapur Grover and Dr Ravi K.M. in the Webinar

IAYP VIRTUAL PRELIMINARY JOURNEY

Modern School Barakhambha Road, conducted its IAYP preliminary virtual journey on 26th December 2020. It started at 4:00p.m. on Teams platform with introduction given by Flt Lt Sunita Dixit (Retd) in charge IAYP. Thirty five students participated in the Virtual Award Journey. The students were given an insight on the rules and regulations to be followed while performing the activities.

First Aid Session (4:15p.m. to 5:00p.m.): In this session a Power Point Presentation on First Aid was shown to the students by Aditya Sharma (S5D). This was followed by a talk on First Aid by Dr Sheetal Sabherwal MBBS, MS, FICMCH (obstetrician and a gynecologist). She gave an insight on cases of burns, road accidents, fracture, unconsciousness, poisoning, CPR and choking. The session ended with discussion on the topic with the students.



Flt Lt Sunita Dixit briefing the students

Case Study Work Shop on Adventure Trip (5:00p.m. to 5:30p.m.): All the students were divided into seven groups. Each group prepared a Case Study of an adventure trip and exchanged it with the other groups. Students had to find solutions



to the problems that could occur during the adventure trip. Camping craft was also a part of the case study and students understood the importance of safety norms that need to be followed during an adventure journey.

Pick and Speak - J.A.M. Session (5:30p.m. - 6:15p.m.): This session was organised by Parnika Bhardwaj (S5D) and Aadya Gupta (S5E). The students had to speak on the given topic for a minute. Students gained confidence in public speaking during this activity.

Yoga Session (6:15p.m.-7:00p.m.): This session was taken by Mr Naresh Kumar Sachdeva. Students were benefitted by this session of yoga and they performed all asanas with 'josh' and enthusiasm.



Student group during the challenge session

IAYP MAIN VIRTUAL JOURNEY

IAYP Main Virtual Journey which was held on 27th December 2020 forms an important part of the Award programme. This session evaluated the students leadership qualities planning abilities, confidence, communication skills, and team spirit. Students were asked to go on a small trek in a safe place near their house as a part of the Award programme.

Warm up and Physical Exercise Session (8:00a.m.- 8:30a.m.): Participation of the students in the Award journey started with the physical activity conducted by Mr Aman Shaukeen. This was followed by a Yoga session from 8:30a.m. – 9:00a.m. which was taken by Nandhini Rastogi (S5B).

Challenge - First Game Round, Quiz (9:00a.m.- 9:30a.m.): In this round each team of students challenged the other teams, thus testing each others endurance and will, to compete and win. First game round was a quiz on India. The students participated with lot of enthusiasm.



Gardening Activity (11:00a.m.-11:30a.m.): This was conducted by Ms Simmi Khera. She explained the importance of environment and reuse of plastic waste generated at home. Students planted saplings at their homes, during this session, as demonstrated by the teacher.



After the gardening session students displaying their plants

Motivational Talk (11:30a.m.–12:00 noon): A good story motivates students into understanding moral values of life. Ms Anjali Gupta Chhabra, narrated an interesting motivational story. She interacted with the students during this session.

Let's Cook Lunch Together (12:00noon –1:00p.m.): This activity was filled with fun and enthusiasm. Students planned and prepared a healthy meal in this session.

Story Time (2:30p.m.–3:00p.m.): Ms Alka Luthra narrated a beautiful story about the values of life and how to take up challenges and move ahead until we reach our goal.

Challenge Session and Second Game Round (3:00p.m.–5:00p.m.): After a hectic schedule of events the students had some fun games. They spoke on topics such as pollution, politics, science and put forth their opinion on the given topics.

Result of Games and Feedback Session (5:30p.m.–6:00p.m.): After successful completion of the virtual journey a feedback was taken from the students by the IAYP in charge Flt Lt Sunita Dixit (Retd) on the various learning takeaways of the day. She appreciated all the students who took part in the virtual journey thus completing it successfully. Vote of thanks was given by Aadya Gupta (S5E). The students thanked the Principal, Dr Vijay Datta for being the guiding force behind this programme.

Compiled by: Flt Lt Sunita Dixit (Retd) Supervised by : Ms Namrata Sanghi