



# CHRONICLE

## THE MODERN SCHOOL WEEKLY

MODERN SCHOOL, BARAKHAMBHA ROAD

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### WHAT'S NEW AT MODERN

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### HARIT UMANG WEBINARS

The green ambassadors of the Nature Club of Modern School, Barakhamba Road attended two webinars organised by Panasonic India in collaboration with Hand in Hand India in the third week of April.

The first webinar was conducted on 19<sup>th</sup> April 2022, which educated the ambassadors on Plastic Waste Management. Plastic as a material is now fundamental to our way of life. However, the downside to plastic is that it cannot be degraded, which makes it essential to properly recycle plastic. This is where plastic waste management comes in. The hosts taught the students about the importance of using plastic prudently and the various ways in which

plastic waste can be managed and recycled. Overall, it was an extremely enriching experience for the delegates.



## Seed ball making to Revegetate Forests



The second webinar, which was held on 22<sup>nd</sup> April 2022, trained the green ambassadors in the art of seed ball-making. Ms Ranganayagi hosted the session and taught them how seed balls can be used to revegetate forests. Seed balls can be made using the following procedure:

### The Process

Mix the soil, clay and one-part water thoroughly. Slowly add more water until the mixture is consistent. Now add seeds and keep kneading the dough until the seeds are well mixed in. Take small bits of the clay mixture and roll into balls.. Dry seed balls for 24 to 48 hours in a shady place before sowing or storing. It was an amazing experience for our ambassadors to learn how to make seed balls.

### Nature Club celebrates Earth Day



**Dr Datta addresses the students.**

The Nature Club of Modern School, Barakhamba Road organised an event on 21<sup>st</sup> April 2022, on the occasion of Earth Day. Volunteers from the Isha Foundation, working with the Save Soil Movement under the mentorship of Sadhguru, the Indian Yoga Guru conducted a session for the students of classes 9, 10 and 12. Through a presentation and a film in the HLL Auditorium, the volunteers led by Ms Laboni Panwar gave valuable insights on soil erosion, its impacts, causes and what the Soil Movement is doing to handle this issue. Soil – the basis of our life on this planet is in danger.



## Equality

Am I just a figment of imagination?  
Or truly a beautiful creation?  
Do I reflect freedom, for what we fought?  
Is this what the sacrifices sought?  
I am Reality  
I am Equality!  
Do the suppressors know what they lost  
Do the oppressors understand the cost?  
The tyranny did it earn the gold  
The weak, cast in the mould  
I am Power  
I am Equality!

The people, stories to tell  
Their miseries, to deaf ears, fell  
To choose the love, just for choice  
Muffled cries, suffocated voice  
Can it be a Choice?  
Can it be Equality?  
Look closely and find my fragments  
True being and not enactments  
You will find me whispering in every  
ear  
Hold it to your heart, hold it dear  
I am your Future  
I am Equality!

Avika Mittal S7J

## Slaves of our emotions

*"The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart"* ~ Helen Adams Keller.

We cannot touch or see our emotions. They have to be felt and then spread. If beauty or power could be seen and touched, everyone would snatch one from the other. Their true value would have been lost. The uniqueness of these emotions would become something ordinary and competitive. The beauty of the soul should be as equally important and loved as the beauty of the face. The presence of a beautiful soul can light up a dark room. It is the feeling that can be sensed.

Our feelings dictate our actions. Even if not visible, our emotions are like an umbrella that protects us against unwanted rain. They help us to continue our journey and fulfil ourselves with the outcome. We reach our destination knowing that we tried our best and followed our hearts. A happy mind can stay happy anywhere it wants, and the opposite for a depressed one. But that doesn't mean that we should shut away our depression. We may look perfectly blank from the outside, but feel a ride of emotions on the inside. Even if we can't see or touch our emotions, they are the most important thing. Cutting off our emotions is like cutting off a part of ourselves. They are the most extraordinary power inside of us that directs us. No recorded experience will ever matter if we don't feel anything about it. Stop trying to look for your happiness, try to feel it instead. The result will be much more satisfying.

Aashree Jain \$5E





## Creative Corner

### Ability Matters, not Age

*Age is an issue of mind over matter. If you don't mind, it doesn't matter"*

*~ Mark Twain*

We are surrounded by many people who have changed the course of society. It's true to say, 'take inspiration from powerful personalities to become a powerful personality.' Mark Zuckerberg started Facebook at 19, Greta Thunberg's activism began at 15, and Malala Yousafzai became an inspiration to us at just the age of 11.

Age is just a number associated with our body. Till the time our mind and soul are passionate, we are capable of anything. We cannot be too young or too old to make a change and make our mark out in today's world. We have access to social media, the largest platform today to help us get our ideas out in the world. It is never too early or late to try out something new. Some may agree that this pandemic and the previous lockdown are a blessing in disguise. We should keep our and our loved ones' wellness as our topmost priority. We should try and discover the things we are passionate about and if we want to pursue them in our future. We can start by doing the bare minimum- by taking care of ourselves and our surroundings, planning our near future, following our interests and hobbies. If we have the ability and courage to do something, age or any other factor should not stand in our way

Ashree Jain S5E

### Look Deep in to Nature



Photography by Aaditya Narain S5H