



CHRONICLE

The Modern School Weekly

MODERN SCHOOL, BARAKHAMBA ROAD

www.modernschool.net

Est. in 1920



Glimpses of the Sports Day practice.

WHAT'S NEW AT SCHOOL:

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Marching to Perfection- Making of the Sports Day

On the run up to the Annual Sports Day of the school, everyone can be seen vibrantly gearing up and indulged in the intense practices for the big day. A lot of hard work is being put into the making of **Annual Sports Day**. Until you learn how to efficiently and effectively use and control your talents, you cannot perform them at the highest levels. The School never fails to give a nudge to its students in the right direction, hence, each grade is enthusiastically participating in the big day's events. "Hard work" applied to your natural talents and instincts will take you to the levels others may never attain.

The **N.C.C contingent** is walking heads up into the celebration of the Annual Sports Day with vehement practice sessions under the open sky.

Marching is being practiced every day without fail. The March Past by sixteen Houses and the newly found Kalam house which was formed under his leadership are falling in perfect tandem. **The Principal, Dr Vijay Datta**, spreads a wave of enthusiasm and motivation among the students with his regular arrival at the practice sessions. He is often found giving away useful tips and demonstrating the desired way of marching in the field to the students. The practices are a sight to behold. The auditions are held for the students participating in different races emphasising the importance of fitness in daily life.

The Equestrian club is surely on its way in creating wonders even during the practices displaying brilliant horsemanship as they exhibited stellar riding skills. Several Inter-house athletic competitions are being held these days like racing: 100m, 200m, 400m, & 600m, short put, long jump, high jump, and relay race. The students can be seen participating with a great fervour in big numbers. The winners of these sports events will be rewarded in the award ceremony set to be held on the same day. Everything has a manner of conduct, hence, students are practicing to receive the awards for being the National and International champions with certificates and medals on this special day.

The day is all geared up to record a special set of performances put up by Classes 6, 7 and 8 i.e., Yoga, Zumba and Taekwondo respectively. Students of Class 6 are practicing Yoga, tirelessly, demonstrating variety of *Asanas*, *Pranayam* and *Suryanamaskar*, *Parvatasana*, *Vishnuasana*, *Vriskhasana* are the asanas to name a few. Students are looking magnificent during the yoga sessions in the Shankar Lal Hall performing with perfect co-ordination. The students of Class 7 can be witnessed practicing Zumba with a goal to highlight the importance fitness in life. During the practice sessions, the students move to the beats of the music performing with great excitement. The groovy sessions are enjoyed not only by the students performing but also the teachers adding a wave of joy in the atmosphere. The class 8 students can be witnessed practicing Taekwondo: a Korean form of martial arts highlighting the importance of vision, body development and mental awareness.

The show wouldn't have been possible without the unwavering spirit and enthusiasm of our Principal, Dr Vijay Datta, who was present throughout the morning practices motivating all the students to feel a sense of pride on being a part of Annual Sports Day reflecting the beauty hard-work put in by the students and staff.



Glimpses of the Sports Day practice.

International Youth Day 2022, Round Square Schools

MUZIRIS- THE FIRST EMPORIUM OF INDIA
By- Modern School Barakhamba Road Delegation

The ancient world's greatest trading centre in the East, a doorway to India for varied cultures and races, this legendary seaport traded in everything from spices to precious stones with the Greeks, Romans and the rest of the world.

Muziris, situated on the Malabar coast, was a key to the interactions between South India and Persia, the Middle East, North Africa, and the (Greek and Roman) Mediterranean region.

When Kerala established itself as a major center for spice, it was this ancient port that emerged as its hub. Sangam literature describes Roman ships coming to Muziris laden with gold to be exchanged for pepper. Other items that were traded extensively were pearls, diamonds, sapphires, ivory, Chinese silk, Gangetic spikenard and tortoise shells.

A legendary port, the heart of the historic Spice Route, vanished off the grid over 3000 years ago. Historians and archaeologists hunted far and wide in search of it but to no avail.

Then, one day, it rained in Pattanam, a small town in Kerala. The rains unearthed and revealed to mankind remnants of a legacy. The legacy of the lost port, Muziris!

Round Square Schools in the South Asia and Gulf Region collectively hosted the Round Square Virtual History Lab Conferences. The conferences brought together more than hundred students from all over Asia.

Modern School, Barakhamba Road Delegation comprised, Raghav Singhal S5A, Tanay Jalan S5A, Laksh Gupta S5A, Sai Shivaansh Shroff S5E. The students were mentored and guided by Ms Shalini Dahiya and Ms Divya Aggarwal.

The first conference held on 5th December 2022 was hosted by **King's Academy in Jordan** on Trade Cities. Discussions were based on the Major Caravan Center on the Silk Road and the different UNESCO World Heritage site and popular tourist attraction worldwide. Tanay Jalan and Raghav Singhal presented a presentation on the ancient city 'Muziris: The First Emporium of India', incorporating the various trade activities that used to flourish as well as the revival of the legendary port. The students witnessed some amazing creations made by the Asian schools on the hubs of the ancient world.

The second conference, on 12th December was hosted by **Cadet College, Pakistan** on Ancient Cities and their Vibrant Cultures. The Host School presented on The Indus Valley Civilization and on its modern architecture reflecting urban planning of ancient times. Sai Shivaansh Shroff and Laksh Gupta presented the Modern School Slides on '**Kedarnath: The Lord of the Field**', highlighting the legends and the trade of culture flowing through the region. The students gained insights on the various ancient cities like Patliaputra, Harappa, Benaras and many more. This was followed by a Question-Answer Round, where the students asked some intriguing questions which encouraged debate and discussion.

The conferences were an enriching experience for the students, they learnt about world trade and culture, sharing insights and gaining experiences.

CREATIVE CORNER

Shifting

A drought- you find yourself stuck in an unsteady haze
The rain comes pouring in, to save your soul
Fresh and rejuvenated, but oh, it does not last
The rain-shower grows into a devilish storm the very next day
Misery looms, gloom prevails
The storm finally clears, splashing the evening sky with shades of pink, orange and red- a lovely sight
You live in the moment, save a snippet in your heart, to cherish forever
And in that moment, you forget everything else
Night unfurls, darkness unveils and the rosy picture fades away
Like grains of sand, slipping from your hands,
The wind carries those grains to some place else, leaving you behind
You look up at the stars for answers, but there are none to see
Just a crescent moon, as if to replace the one that was on your face, not too long ago
And that's alright, for dawn would come, and bring with it light
At the end of it all, you'll have something to look back upon- a constellation of your being

Shifting- it's a part of life

‘Shifting’ by Vanya Gupta S4G