

Inauguration of Herbal Garden: Fostering Sustainability and Awareness

"To plant a garden is to believe in tomorrow - Audrey Hepburn"



Ms Ambika Pant, Secretary, Board of Trustees, Modern Schools and Col Vijay Chadda, Member, Board of Trustees, Chairman, School Managing Committee, Modern Barakhamba Road Planting Herbs in the Herbal Garden.

On 27th May 2024, Modern School Barakhamba Road's nature club celebrated the inauguration of its newly established herbal garden. The event was graced by notable figures including Ms Ambika Pant, Secretary of the Board of Trustees, Modern Schools; Col Vijay Chadda, Trustee and Chairman of the Managing Committee, Modern School Barakhamba Road; Dr Geetanjali Chanda, Trustee; Mr Aditya Gupta, Term Trustee; and the School Principal, Dr Vijay Datta.

The herbal garden features a diverse range of plants like Lemon, Ginger, Turmeric, Tulsi, Garlic, Lemongrass, Mint, Guava, Tomato, and Potato. This green initiative not only adds to the campus's lush environment but also provides fresh, organic ingredients for the school mess, promoting a culture of health and sustainability.

During the inauguration, the guests were given a tour of the garden, where they observed the meticulous care given to the plants. The

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herbal garden stands as both an educational tool and a testament to the school's dedication to sustainable practices. The event underscored the significance of integrating environmental stewardship into the school's curriculum, inspiring students to connect with and value the natural world.

Seminar on Vector Borne Diseases by NDMC

"An ounce of prevention is worth a pound of cure- Benjamin Franklin"



From left to right: Unnati Kapoor (12 G), Mr Jagdish and Aveeshi Gupta (12 F)

On 27th July 2024, the NDMC hosted a Vector Borne Diseases Prevention Seminar at the NDMC Convention Centre in New Delhi. Two students from Modern School Barakhamba Road, Unnati Kapoor of Class 12 G and Aveeshi Gupta of Class 12 F attended the Seminar, accompanied by Mr Jagdish Singh.

The event was inaugurated by the NDMC Chairman, with keynote addresses by Dr Rasnia and Dr Lalan Singh. They educated students and teachers on the spread of Dengue, Malaria, and Chikungunya viruses, as well as their modes of transmission. The theme of the seminar, "Prevention is Better than Cure," aimed to raise awareness about seasonal monsoon diseases and preventive measures. The conference also featured discussions on the roles and responsibilities of schools in Swachh Survekshan, an extension of the Swachh Bharat Mission by the Government of India. The seminar was an informative event where students gained valuable insights into contemporary societal challenges.

Modern School's Legacy of Championing Inclusivity at NDTV Panel <u>Discussion</u>

"True progress is measured by how well we uplift and empower those who are often overlooked."

On July 29, 2024, NDTV televised a panel discussion hosted by the Samarth Foundation and Hyundai in collaboration with NDTV. The discussion featured a distinguished panel, that included Dr Vijay Datta, Principal of Modern School Barakhamba; Ms Deepa Malik, the first Indian woman to win a Paralympic medal; Mr Aditya KV, CEO of Umoya Sports Foundation; and Mr Sandeep, a prominent figure in the sports community.



The Modern School Team Dr Vijay Datta, Principal Modern School Barakhamba ,Ms Deepa Kapoor with Ms Deepa Malik

The conversation delved deep into India's impressive achievements in the Paralympics, shedding light on the strides made and the obstacles still faced by Paralympic athletes. The panelists emphasized the critical importance of inclusivity and equal opportunities, sharing stories of resilience and victory that have inspired the nation.

Modern School Barakhamba received commendation for its inclusive initiative,

SPORTABILITY, which was highlighted as a model for fostering equal opportunities in sports. The students who had accompanied Dr Datta, actively engaged in the discussion, posing insightful questions, thereby demonstrating their keen awareness of the issues at hand anotheir commitment to inclusivity in sports.

The visit was particularly poignant as it marked the final recording at the iconic NDTV Studio after35 years of operation, adding a historical dimension to the students' experience. This event not only deepened their understanding of the Paralympic movement but also underscored the powerful role of media in shaping societal attitudes towards inclusivity. The students left with a renewed sense of pride and responsibility, motivated to continue advocating for equal recognition and opportunities for all athletes, regardless of physical abilities.

<u>Sensitization Session Arms Teachers with Tobacco-Free Campus</u> <u>Strategies:</u>





Glimpses of the Sensitization Session held at Vidya Bhawan Mahavidyalaya

On August 1, 2024, a sensitization training session for school nodal teachers was conducted under the National Tobacco Control Program. Held at the School Auditorium of Vidya Bhawan Mahavidyalaya in Lodhi Estate, New Delhi, the session saw participation from Mr. Rishi Pandey and Mr. Amandeep, who represented Modern School Barakhamba Road. The training focused on the topic "Ill Effects of Tobacco and ToFEI Guidelines," with expert speakers from the District Tobacco Control Cell and AIIMS.

The session aimed to raise awareness about the severe health risks associated with tobacco use, highlighting the importance of the ToFEI (Tobacco-Free Educational Institution) Guidelines in fostering tobacco-free environments. Teachers were equipped with practical strategies and tools for implementing effective tobacco control measures within their schools. The training also covered the various laws prohibiting tobacco use in public spaces, providing a comprehensive understanding of the legal framework surrounding tobacco control.

In addition, the session addressed the increasing concern over new techniques students are adopting for smoking within educational institutions. Participants were informed about the laws and regulations governing the promotion and sale of tobacco products, with a particular focus on strategies to create and maintain a tobacco-free educational environment.

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