

CERONICIE

The Modern School Weekly

MODERN SCHOOL, BARAKHAMBA ROAD

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Dr Vijay Datta at Special Olympics Bharat Send-Off



Dr Vijay Datta at the Send-Off Ceremony for Special Olympics Bharat Contingent

Dr Vijay Datta, Principal, Modern Barakhamba graced the Send-Off Ceremony for the Special Olympics Bharat contingent as they prepared to participate in the Special Olympics World Winter Games 2025 in Turin, Italy. Held on 5th March 2025 at Major Dhyan Chand Stadium, New Delhi, the event was a celebration of the dedication and perseverance of India's athletes.

The ceremony was honoured by the presence of the Minister of Youth Affairs and Sports, and Minister of Labour and Employment, Mansukh Mandaviya; President of Special Olympics Bharat, Dr Mallika Nadda; and Executive Director of Special Olympics Bharat, Dr V.K. Mahendru.

Dr Datta's presence served as a source of encouragement and inspiration for the contingent, reaffirming his commitment to fostering inclusivity and excellence in sports. His support resonated with the spirit of the occasion, as the athletes embarked on their prestigious journey to represent the nation on the global stage.

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"It's hard to beat a person who never gives up."

- Babe Ruth

Engaging with the Future: Dr Datta attends the NXT Conclave



Dr Vijay Datta, Principal of Modern Barakhamba, attended the NXT Conclave 2025 at Bharat Mandapam, New Delhi, from February 28 to March 1, 2025.

Inaugurated by Prime Minister Shri Narendra Modi, the conclave brought together global leaders, including former Prime Ministers of Canada Rt. Hon. Stephen J. Harper and Former Prime Minister of Australia, Hon. Tony Abbott, alongside Indian policymakers, industry pioneers, and scientists.

With over 20 sessions on AI, Quantum Computing, Space, Green Energy, and Indo-Pacific strategies, the event underscored India's role as a hub for policy and technological advancement. Dr Datta's presence highlighted Modern Barakhamba's engagement with global discourses shaping the future.

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"Meditation nourishes the mind in the same way that food nourishes the body"

Nurturing Educators: A Workshop on Mindfulness and Self-Care





To underscore the importance of self-care for educators and illuminate the transformative impact of meditation on both personal and professional well-being, a workshop was conducted for the teachers of the Middle and Secondary Blocks. Led by Mr Kulwant Singh, a certified Life Coach, the session took place on Friday, 21st February 2025, in Sir Shankar Lal Hall.

Mr Singh imparted valuable insights on mindfulness, stress management, and the art of shielding oneself from negative influences. The session was interspersed with engaging activities, including a personality assessment that allowed teachers to discover their "colour personality," fostering self-reflection and introspection. Adding an element of lightheartedness, the teachers enthusiastically participated in a spirited round of Stapoo, evoking a sense of nostalgia and joy.

The workshop culminated in a serene guided meditation session, where participants were encouraged to focus on their breath, bodily sensations, and ambient sounds, fostering a deep sense of relaxation.

The experience proved to be not only rejuvenating but also a delightful opportunity for camaraderie. The session was met with enthusiasm, leaving participants refreshed, inspired, and more attuned to their own well-being.

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"If we command our wealth, we shall be rich and free. If our wealth commands us, we are poor indeed."

- Edmund Burke

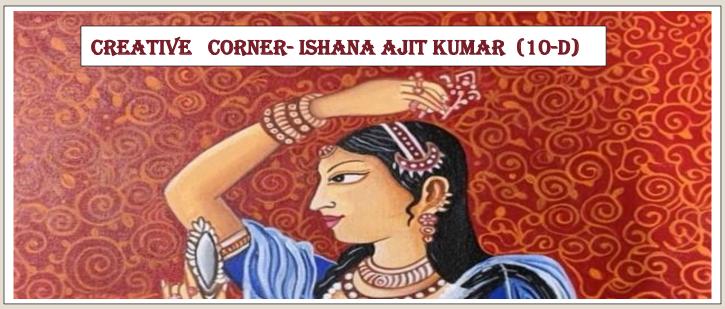
Economatrix – Union Budget Debate 2025

On February 8, 2025, a team of two students from Modern Barakhamba – Zara Javed (XI-I) and Devasya Aggarwal (XI-A) – participated in the prestigious Union Budget Debate 2025 - Economatrix, organized by the Neerja Modi School, Jaipur, under the guidance of Ms Payal Mathur.

The event saw participation from 16 esteemed schools from across the country, showcasing the brightest minds in public speaking, critical thinking, and debate.

The Modern Barakhamba team put forth an impressive performance, demonstrating their knowledge, eloquence, and persuasive argumentation skills. They debated various aspects of the Union Budget, engaging in thought-provoking discussions on topics ranging from fiscal policies to economic growth, social welfare, and taxation reforms, and emerged as the First Runner Up.

The debate provided a great platform for the students to enhance their public speaking and analytical skills and apply them to real world financial dynamics.



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