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MODERN SCHOOL, BARAKHAMBA ROAD

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“सरस्वति नमस्तुभ्यं वरदे कामरूपिणि।”
(Salutations to Goddess Saraswati, the giver of wisdom and grace.)



Basant Panchami celebrations graced by Dr Datta

BASANT PANCHAMI CELEBRATED WITH REVERENCE AT MODERN BARAKHAMBA

Modern Barakhamba celebrated the auspicious festival of Basant Panchami with deep reverence and devotion through a traditional Saraswati Pooja held in the school foyer. The sacred prayers were offered before the iconic sculpture of Goddess Saraswati—an exquisite creation by the legendary sculptor Ramkinkar Baij—symbolising wisdom, learning, and the fine arts.

The pooja was led by the Principal, Dr Vijay Datta and joined by the teachers and students who came together to seek the blessings of the Goddess of knowledge. The lobby, beautifully adorned for the occasion, exuded a serene and spiritual ambience, enhancing the sanctity of the ceremony. Devotional offerings were made, followed by the distribution of prasad among the staff, fostering a sense of divine grace, unity, and community spirit.

The celebration stood as a gentle reminder of the timeless pursuit of knowledge, creativity, and enlightenment, reflecting the essence of *Saraswati Vandana* and the rich cultural heritage cherished and upheld by Modern School.

WHAT'S NEW AT MODERN...

Basant Panchami Celebrated with Reverence at Modern Barakhamba ...Pg 1

NCC Cadets at Rashtrapati Bhawan ...Pg 2

An Orientation Programme on “No Bullying” ...Pg 2

Teacher Training on “Chilhood Depression” ...Pg 3

Modern School at the Round Square, New Zealand ...Pg 4

At the Helm of the Nation: NCC Cadets at Rashtrapati Bhavan

"A nation's heritage lives not only in its monuments, but in the values they represent."

Modern Barakhamba organised an educational visit to the Rashtrapati Bhavan on 20th January 2026 for its NCC cadets, offering them a meaningful exposure to India's highest constitutional institution. The visit was undertaken by a group of 23 students, accompanied by Ms Anshika Sharma and Mr Nitish Singh Chandela.

The visit to the main building of Rashtrapati Bhavan provided the cadets with a valuable opportunity to gain insight into India's rich presidential heritage and administrative legacy. The majestic edifice, celebrated for its



splendid Indo-Saracenic architectural style, left a profound and lasting impression on the students. Iconic spaces such as the Durbar Hall and Ashoka Hall, along with several historically significant chambers, reflected the grandeur, dignity, and cultural depth of the nation's democratic framework. The guided tour was conducted by well-informed and articulate guides who explained the historical significance, architectural brilliance, and functional importance of each hall with clarity and engagement. The cadets were introduced to several fascinating facts related to the planning, construction, and evolving role of Rashtrapati Bhavan over the years, enriching their understanding of its national importance.

"To know one's history is to understand one's responsibility towards the future."

The visit proved to be both informative and inspiring, enabling students to deepen their appreciation of India's democratic institutions and national heritage. It also reinforced the values of discipline, duty, and informed citizenship—principles that lie at the core of NCC training. Overall, the educational tour was a memorable experience that successfully blended learning with a sense of pride in the country's historical and cultural legacy.

Building Kindness and Courage: Creating Safe Spaces for every Child

"A safe school is not one without differences, but one where differences are respected."

An orientation programme on **'No Bullying: Creating Safe Spaces for Everyone'** was conducted on **22nd January 2026 (Thursday)** for students of **classes 6th, 7th and 8th** during the activity period from **8:30 a.m. to 9:45 a.m.** The sessions were held in the respective classrooms and were facilitated by the class teachers. The content and presentation for the orientation were thoughtfully prepared by **Ms Deepika Masiwal, School Counsellor, and Ms Avya Mathur, Counselling Intern.** The primary objective of the orientation was to generate awareness among students about bullying and its various forms, including verbal, physical, emotional, and cyberbullying.



The session aimed to help students understand why bullying is harmful and how it impacts an individual's physical, emotional, mental, and social well-being. Emphasis was placed on nurturing empathy, kindness, and respect, while empowering students with coping strategies and the confidence to speak up against bullying. Students were also guided on the importance of reporting incidents to trusted adults such as parents, teachers, and the school counsellor.

A PowerPoint presentation on bullying was shown across all sections of classes 6th to 8th, with teachers explaining the concept in detail using age-appropriate examples. To further reinforce the message, a short video based on the concept of a “bullying monster” was screened. The video effectively illustrated how bullying grows stronger when it is encouraged or ignored, helping students understand the emotional impact of bullying and the crucial role played by bystanders. The session was highly interactive, with students sharing personal experiences and reflections, making the discussion meaningful and engaging. The orientation helped promote emotional wellness, social skills, problem-solving abilities, anger management, self-regulation, optimism, and empathy. Students learned to recognize warning signs, understand the power of speaking up, adopt healthy coping strategies, practice online safety, and deal with issues related to cyberbullying.

The orientation deeply resonated with the students, many of whom related the discussion to their own experiences. Their attentive participation and open sharing reflected a growing sense of empathy, resilience, and confidence. The session successfully reinforced the importance of creating a safe, inclusive, and supportive environment where every child feels valued and respected.



Nurturing Young Minds: Teacher Training on Childhood Depression *“Awareness is the first step towards prevention.”*

Modern Barakhamba organised a teacher training workshop on “**Childhood Depression**” on **20th December 2025**, led by the Principal, **Dr Vijay Datta**, along with school counsellors **Ms Geetika Singh** and **Ms Deepika Masiwal**.

The workshop aimed to sensitize teachers to childhood depression—an increasingly prevalent yet often under-recognised mental health concern. In the context of rising student suicides nationwide, key challenges such as delayed diagnosis, parental denial, stigma surrounding mental health, and lack of symptom awareness were addressed. The session highlighted how childhood depression often manifests differently from adult depression.



Dr Datta Guiding the Minds with Words and Wisdom



“Early awareness in classrooms can become a child’s strongest shield.”

Instead of overt sadness, children may exhibit irritability, anger, withdrawal from family, or physical complaints such as headaches and stomach aches. Teachers were trained to recognise these early warning signs, reinforcing their crucial role in timely identification and intervention. Key risk factors such as adverse childhood experiences, loneliness, excessive screen time, and social influences were discussed, along with preventive measures including psychologically safe classrooms, empathetic discipline, and strong collaboration with parents.

The workshop concluded with an interactive discussion, empowering educators to respond sensitively and proactively to students’ emotional and mental health needs

Bridging Cultures, Building Character:**ROUND SQUARE INTERNATIONAL CONFERENCE 2025, NEW ZEALAND*****“True education begins when young minds engage with the world beyond classrooms.”***

A delegation from **Modern Barakhamba** had the privilege of attending the **Round Square International Conference 2025**, held from 1st to 5th December, 2025 at **Whanganui Collegiate School, New Zealand**. The student representatives—**Nairah Srivastava(10 C)**, **Reet Bhatia(10 A)**, **Samridhi Gupta(10 C)**, **Viraj Sahai Sarin(10 F)**, **Rishabh Jaipurkar(10 C)**, and **Yatharth Veer Arora(10 G)**—were accompanied by the teacher representative, **Ms Neha Jindal**.

The five-day international conference brought together students from diverse cultures for an enriching experience grounded in the **Round Square IDEALS**—Internationalism, Democracy, Environmentalism, Adventure, Leadership, and Service. The opening sessions set the tone for a dynamic programme comprising Baraza group discussions, leadership workshops, keynote addresses, cultural immersion, and adventure-based learning.



Delegates were introduced to New Zealand's indigenous heritage through meaningful engagement with the Māori community, gaining valuable insights into their traditions, values, and deep connection with the land. Interactive discussions with peers from across the globe fostered cultural understanding and strengthened the spirit of internationalism. Adventure and team-building activities challenged participants to step beyond their comfort zones, encouraging resilience, cooperation, and confidence.

A significant highlight of the conference was the emphasis on service and well-being. Community-based service initiatives reinforced empathy and social responsibility, while reflective Baraza sessions enabled students to

connect experiences with broader global values. Inspirational keynote addresses by distinguished speakers added depth to the learning, motivating delegates to embrace leadership through courage, compassion, and action.

The conference concluded with cultural explorations, reflective sessions, and a closing ceremony celebrating shared achievements and friendships formed across borders. The experience proved to be a transformative journey—broadening perspectives, nurturing leadership, and instilling a lasting sense of global citizenship among the delegates.

***“When young people come together with a purpose and empathy, learning transcends borders and becomes a force for change.”*****COMPILED BY:****MS SIMARPAN KAUR****SUPERVISED BY:****MS LATA KISHNANI**